



JAN TEDDER BSN, FNP, IBCLC

EDUCATION + CERTIFICATION

- International Board-Certified Lactation Consultant Certification IBCLC (2010)
- Clinical Neonatal Behavior Assessment Scale Certification, Brazelton Institute (2000)
- *Touchpoints* Community Level Training, Brazelton Touchpoints Center, Boston (2000)
- NC Lactation Educator, NC Division of Maternal & Child Health, Raleigh, NC (1998)
- NBAS Certification, Wake Medical Center, Raleigh, NC (1989)
- Certified Family Nurse Practitioner, ANCC(1975)
- FNP, UNC-CH School of Nursing FNP Certification Program (1975)
- BSN, UNC-Charlotte School of Nursing (1973)

WORK

- President/CEO of HUG Your Baby (2007-Current)
- Community consultant (volunteer), Duke University School of Nursing (2017-Current)
- HUG Your Baby home-based lactation consultant and parent educator (2014-Current)
- HUG Your Baby International Teaching Tour (14 countries, 70 presentations) (2013-2014)
- Adjunct Faculty, FNP & Lactation Consultant, UNC Family Medicine (2009-2013)
- Senior FNP, SAS Institute Health Care Center, Cary, NC (1990-2009)
- Senior FNP, Integrative Health Care, Durham, NC (Part-time) (1990-1993)
- FNP, Lakewood Family Practice, Durham, NC (1986-1990)
- Visiting FNP, Semester at Sea, University of Virginia, Charlottesville, VA (1981)
- FNP, Wake Health Services, Raleigh, NC (1975-1986)

RECENT PUBLICATIONS

- Birth, Breastfeeding and Beyond Online Course. (2019). *Digital Chalk Learning Management System*.
- Online education for lactation professionals: Teaching child development to extend breastfeeding duration. (2018). *Clinical Lactation*, 9(3), 108-116.
- Roadmap to Breastfeeding Success: Teaching Child Development to Extend Breastfeeding Duration. (2015). *Journal of Perinatal Education*, 24(4), 239-248.
- HUG Your Baby: Evidence-based support tool for early child rearing. (2013). *Japanese Journal of Nursing Education*, 54(2).
- Teaching for Birth and Beyond: Online program incorporated into birth and parenting program. (2012). *International Journal of Childbirth Education*, 27(3), 65-68.

[CLICK HERE FOR FULL LIST OF PUBLICATIONS AND PRESENTATIONS.](#)

AWARDS RECEIVED

- American Nurses Association Innovation Award (2020)
- Healthy Start's Evidence-Based and Promising Programs (2015)
- NC Nurses Association "Certificate of Commendation" (2014)
- WCHL "Hometown Hero" Award (Chapel Hill, 2012)
- Community Partnership with Whattoexpect.com (2010)
- "Top HealthBlogger - Parenting Community" Wellsphere Newsletter (2009)
- Web Health Award for Professional Website Training (2009)
- World Wide Web Health Award - Hug Your Baby website gold medal winner (2007)
- Award Winning Abstract, Perinatal Partnership Conference (2005)
- Honorary Member of Duke University Child Development Unit (1993)
- Sigma Theta Tau Award for Innovative Nursing Practice (1986)
- North Carolina March of Dimes Maternal Child Health Nurse of the Year (1986)
- Sigma Theta Tau Community Nursing Award (1984)